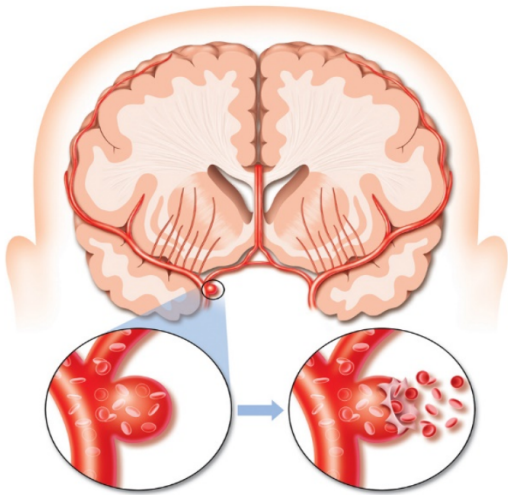


What is a Stroke?

A stroke occurs when blood flow to the brain stops because it is blocked by a clot. The brain cells in the immediate area begin to die because they stop getting oxygen and nutrients they need to function.



What Causes a Stroke?

There are two kinds of stroke. The most common kind of stroke, called **ischemic stroke**, is caused by a blood clot that blocks or plugs a blood vessel in the brain. The other kind of stroke, called **hemorrhagic stroke**, is caused by a blood vessel that breaks and bleeds into the brain.

What Disabilities Can Result From a Stroke?

- Stroke damage in the brain can affect the entire body – resulting in mild to severe disabilities. These include, but are not limited to
 - Paralysis
 - Problems with Thinking / Memory
 - Speech Problems
 - Emotional Problems



Stroke Symptoms

- Sudden numbness or weakness of the face, arm, or leg (especially on one side of the body)
- Sudden confusion, trouble speaking or understanding speech
- Sudden trouble seeing in one or both eyes.
- Sudden trouble walking, dizziness, loss of balance or coordination.
- Sudden severe headache with no known cause

Focus of Rehabilitation

- Restore physical function and enhance the skills needed to perform daily activities
- Build strength, improve balance and regain mobility
- Improve speech and swallowing
- Develop new cognitive and behavioral strategies to compensate for any deficits

